

KAINOS

RESIDENTIAL SERVICES

Kainos offers a variety of progressive housing opportunities in San Mateo and Santa Clara Counties

3631 Jefferson Avenue, Redwood City, CA 94062 • (650) 363-2423 • www.kainosusa.org

Core Beliefs

- Each individual should have the opportunity to live as independently as their abilities and desires allow
- Care and support is provided professionally with compassion and respect
- Each person served should have a high-quality, desirable home

Our Homes

- Three 24-hour care homes
- Five supported living homes
- One senior care home

Independence

All residents are supported in pursuing their activities of interest and learning how to be as independent as possible. Some of those activities are:

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|-----------|-------------|--------------|----------------|
| • Acting | • Theater | • Sports | • Hiking |
| • Singing | • Dancing | • Games | • Camping |
| • Fashion | • Cooking | • Budgeting | • Volunteering |
| • Sports | • Computers | • Dining Out | |

Dorothy Philbrick founded Kainos, Greek for "new beginning", in 1974 in Redwood City. She wanted to offer a safe, secure, and caring environment where each person could feel accepted, understood, and appreciated. Kainos has since expanded but its mission, to help adults with intellectual and developmental disabilities reach their highest potential as active, contributing members of the community, has stayed the same. Currently, Kainos serves over 150 adults with developmental disabilities both residentially and vocationally to adults with intellectual and developmental disabilities.



Kainos' residential services offer a variety of progressive housing opportunities in San Mateo County. Housing programs range from licensed 24-hour care facilities to supported living homes where individuals live with peers and friends while receiving support services from Kainos. Through its programs, Kainos keeps the focus on what persons can do instead of what they cannot; on who they are, rather than who they are not.

