

Kainos Klarion

Helping adults with developmental and intellectual disabilities live their best lives.





Director's Note

I was meeting with a parent of one of our newest residents at Kainos when she commented that kindness seems to be the secret sauce that makes our organization special. It's true that kindness floods through here!

We are not perfect. We can make mistakes. But ultimately, all of our decisions, actions and intentions do come from a place of kindness. Our staff now numbers 110 and we recruit for, hire, and retain people who share that commitment to kindness. How we treat each other as part of a team is how our primary commitment to our clients can be the best it can be.

When meeting with new staff, I get great joy in describing this basic tenant of our culture. I explain that it's fundamental to work with each person we serve. It creates space where growth, learning and thoughtful risk-taking is supported. It creates a more productive, efficient and effective workforce. And just as important, it gives families confidence that they can trust that we are always working in our client's best interest.

I also share that even if all of that doesn't always pan out exactly as we hope, isn't it nice to work at a place where kindness is a cornerstone. I'm so grateful that people do this in our Kainos team. We work hard daily to make it a constant reality. At the end of the day, isn't human kindness the best thing we can share with each other?



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Liza Bizzarro
Shirley Carlson
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Ellen Haas
Diane Howard
Debbi Jones-Thomas
Henry Thierry
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Sally Vitello

Happy 2025!

One of Kainos' Values = Kindness
We act with empathy, compassion, good intent, and
positive energy in our interactions with clients,
colleagues, families and all who engage with Kainos.



~ Donate Online ~ Use QR code above to go to website. donations@KainosUSA.org.

We can even check if your company will match your gift which would double your donation!

As we look back on our first 50 years, we remember that Kainos was started by our tenacious founder Dorothy! Thank you for being a part of our valued community.

Dorothy Philbrick is the unforgettable person you meet once in your lifetime. I was blessed to know her and to be her friend. Her legacy will live on! **Lorraine Tracey**, **Parent**

Of his mom, Dorothy, Jim said "She was a wonderful woman and she really cared about me. She helped me with many skills and I have fond memories of going to restaurants and movies with her. We used to go to church and sing together. I am glad that she started Kainos." Jim Philbrick

And then from **Diane Smith**, Former Associate Director of Kainos, "We are all glad Dorothey started Kainos. How Dorothy's vision become a reality demonstrates the power of one woman's determination and shows how others can follow her example.

The mission of Kainos Home & Training Center is to enable adults with developmental and intellectual disabilities maximize their potential while becoming active, contributing members of our community.

Kainos Staff Celebrates the Holidays



We appreciate <u>Course Hero</u>'s Redwood City staff who helped with our mailing (for a 2nd time!) & donated over 1k stamps!



Thank you, <u>Endue Foundation!</u>
You bring the fun (and Santa!) to our residents in December





Thank you, <u>Redwood City</u>
<u>Woman's Club</u> for volunteering to help with our Holiday mailing



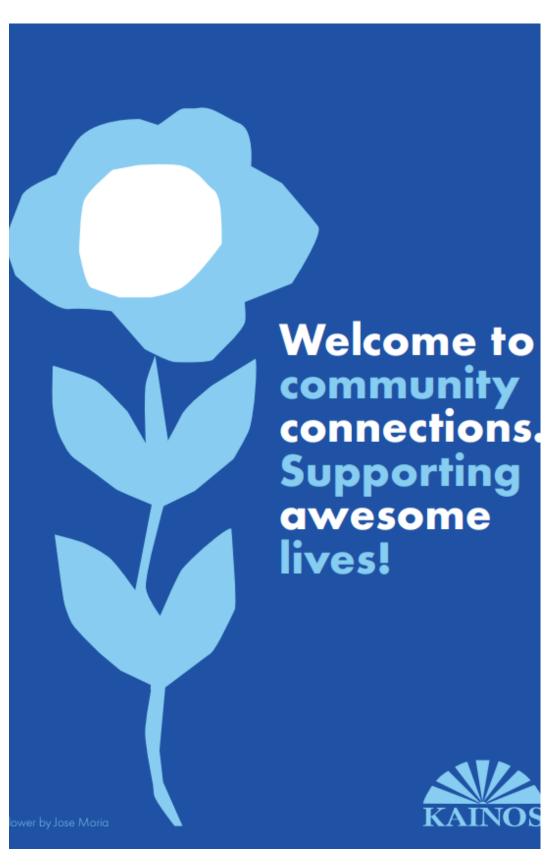


Kainos Volunteer Spotlight!



For the past 13 months, <u>Colin Goodwin</u> has generously shared his time and talent with Kainos, leading a 1.5hour art class every Wednesday for our Community Connections program. More than just an art class, Colin's sessions provide a space for creativity, self-expression, fun, and laughter. His dedication is a true gift to our participants, helping them develop fine motor skills, build confidence, and discover hidden artistic talents. Colin's commitment to volunteering at Kainos stems from his personal experience with having a brother with developmental disabilities. He wanted to create a meaningful way to honor his brother's memory and contribute to a community he cares about. "The laughter in the room is infectious," Colin shares. "These students are so enthusiastic, and their creativity constantly amazes me. I often find myself laughing right along with them."

A huge thank you to Colin for his incredible dedication to Kainos! His artistic talents and 25 years of experience as an English teacher enrich the lives of our participants each week. We're so grateful for his support in helping us empower the people we serve to live awesome lives.





THANK YOU!

The following is a list of donations gratefully received between

November 1, 2024 through February 10, 2025

Kainos Home & Training Center is very thankful to all of its generous contributors.

With your assistance, Kainos is able to continue its mission to help adults with developmental disabilties become active, contributing members of our community.



Large Donations

Anonymous Mr. and Mrs. George Andreini Assistance League of San Mateo County Frank and Kathy Bartaldo, Jr. The Baumbach Family The Beamish Family Liza Bizzarro Dick and Robyn Budelli Shirley and Jerome Carlson Michael and Linda Cassetta John and Raegene Castle Neil Steingrube and Wendy Chan Dawn and Walt Coffman Kenneth and Jennifer Duda Jack and Eileen Easterbrook Kathleen Easterbrook and David Houska Dr. John Edwards Enterprise Holdings Foundation David and Karyl Erickson Johanna Fogl Collins Charitable Fund Shelly Genis John and Patricia Giosso James Gnam Bob and Janet Grubb Donald C. Hack Richard and Sally Haerr Heffernan Foundation Daniel Herbst Helene Hills Dr. Steven and Diane Howard John and Linda Hurzel J H Robbins Foundation Gayle Johnson Tom and Marlene Johnson Mark and Kathleen LaGrave Thomas J. LaGrave, Jr. Jeffrey LaGrave Douglas Levick Mark and Stacie Luttrell Doug and Jeannie McGee Patrick and Katherine McLoughlin Efrain and Patricia Mendoza





Heffernan Foundation Donation

Kerry Dantzig with Andy

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In Memory of



Julie Ann Flahavan

August 31,1970 -**December 8, 2024**

Julie moved to Kainos La Vista in 2014 where she quickly formed lasting friendships and shared her infectious joy with everyone she met. She was already friends with many residents and those bonds deepened as she quickly endeared herself to everyone at La Vista and throughout Kainos.

Prior to Kainos, Julie had already led a life full of adventure. She had been a performing Square Dancer, a Special Olympics roller skater and weightlifter. Through her weightlifting adventures, she met her friend Arnold Schwarzenegger. While at Kainos, she distinguished herself with her work at our group sites at the YMCA, where she left a lasting impact working at the Redwood City, Palo Alto and Mountain View branches. A true highlight of Julie's success at Kainos was her participation on our Special Olympics team which won the Gold Medal at the International Games in Graz, Austria.

As Julie's health needs evolved, she transitioned to Pete's Place, Kainos' senior care home. Throughout her time there, she lived life to the fullest, and Kainos is forever grateful for the opportunity to have cared for her. Julie's joy, energy, determination, and radiant smile will remain in the hearts of all who were fortunate enough to know her.

From In Memory of

The Baumbach Family Raymond Baumbach Huguette Bartels Frank Bizzarro Marilyn A. Territo Frank Bizzarro Susan Smith Dick Elston Catherine L. Caserza Alice Filios Elizabeth Caserza Alice Filios Susan Smith Alice Filios Shirley and Jerome Carlson Julie Flahavan Judy Evangelista Julie Flahavan Andy and Ginny Frisch Julie Flahavan Jim and Carole Fogelstrom Julie Flahavan Robert and Linda Leggero Diane D. Murphy Julie Flahavan Mark and Kathleen LaGrave Alla La Grave Mark and Kathleen LaGrave Tom La Grave, Sr. Andy and Ginny Frisch Julie Leach Susan Smith J H Robbins Foundation Gay O'Brien Rick Phister Jan Phister Mark and Kathleen LaGrave Thomas La Grave Sr. Dr. John Edwards Janet Thomas Andy and Ginny Frisch Janet Thomas Debbi Jones-Thomas Janet Thomas Lisa Ann Stathas Janet Thomas Lori Van Houten Eric Tomita Ann Morrison Eric Tomita Bill and Judith Uccelli Angela Uccelli Bill and Judith Uccelli Babe Uccelli Bill and Judith Uccelli John Uccelli Marilyn A. Territo Sally Wong Paula Uccelli Sally Wong

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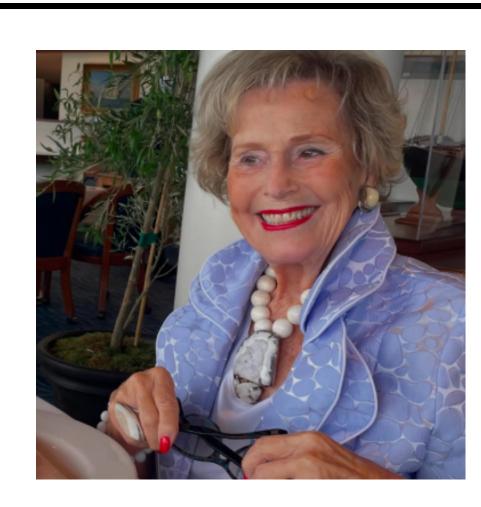
Frank Bizzarro April 26, 1943 - January. 29, 2025

Frank Bizzarro was a force of nature. A man of many talents and passions, we knew Frank best as an auctioneer. He helped Kainos establish our first car donation program. He was the master of ceremonies and auctioneer at many kainos fundraisers. with his wife Liza and friend Diane Howard he hosted our Someone Else's Closet fundraiser. Most importantly, Frank was a wonderful friend to our clients and a true believer in our cause.



Alice Filios November 22, 1922 -**December 9, 2024**

Alice had a full life before passing at age 102! In retirement, she enjoyed playing golf and volunteering at the Kainos Home & Training Center. Alice's daughter Lynne lives at and loves her Kainos Petes' Place home.



Audrey Lampert August 12, 1929 - January 28, 2025

Audrey was a great friend to Kainos. She regularly attended our events, supported our fundraising and championed our cause. She and her late husband Roland were generous benefactors to many causes up and down the Peninsula.

In Honor of

In Honor of From

Mikhail and Elena Tsypkin William and Leslie Wraith Paul Michel Susan Harris Marilyn A. Territo Ellen Haas Paula Uccelli Ellen Haas John and Raegene Castle Gayle Johnson Edward and Joan De Brincat Michael and Adrienne Delfino Victor Donchenko Nicholas Greben and Angele Grebennikoff Jeffrey LaGrave Alice Romao Yolanda Tarango Carol Toomey Jean Houston Mikhail and Elena Tsypkin D. Edward and Janice Wohlleb JoAnn Arneson John and Raegene Castle Stephen Washington Susan Harris Jack and Dee Bartkiewicz Susan Harris John and Raegene Castle Mark and Stacie Luttrell Paul Michel Rawling and Diane Smith Stephen Washington

Mikhail and Elena Tsypkin

Mike Agramon Michele Baumbach's Birthday Andy Frisch Ellen Haas Trynie Hermary Carl Johnson Janay LaGrave Maureen McLoughlin's Birthday Kim Millard Tod Ostrom Sue Smith

Sandy Swanson Joseph T. Washington Marilyn Territo Paula Uccelli Paula Uccelli Sue Uccelli's Birthday La Vista Staff John Wallen John Wallen Heather Washington Liz Zirbes

Thank you BASO Bay Area Special Ólympics for hosting another FUN dance for Valentine's Day! We appreciate you!





Ian Bain Joan Baumbach Vera & Jim Bennett Shirley & Jerry Carlson Al Davila Kate DiGiacomo Dr. John Edwards Dave & Karyl Erickson Jeanine & Basil Ford Richard Fraher Roger Frey Jack Greenalch



Jim Learned Doug Levick Jeannie Houston Carl Mickey James Naftzger Rick Phister Karen Roach JoAnn Scribante Sue Smith Nancy Soliz David & Kathryn Steinbaugh

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Kathleen McLoughlin

January 2025!

Mary McManus

Paul Michel

Betty Miller Harlan and Rebecca Miller Clem and Jane Molony Chester and Elaine Moore Ann Morrison Beth Mostovoy Vincent Muzzi James Naftzger Bill Nicolet John and Nikki Noce Kristen Noce Katherine Noether William and Sally Paulsen LeRoy Perkins Jeanne Peterson Amalia and F. Popell Robin Prior Anne and Bruce Robertson Alice Romao Barbara Rovins Robert and Marjorie Ruff Darlene Rutkowski Joan Sager Amy Selmi Bill and Diane Selmi Helen Short

Mark Simon

Lisa Ann Stathas

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Kenneth Tehaney

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Cathy and Randy Smith

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Donations continued

St. Dunstan Council 11041 Knights Of Columbus



KAINOS ADMIN OFFICE **GETS UPDATED!**

January 2024









Gabriel Morais Pedrosa Community Connections Instructor January 2025



Samuel (Sam) Jurado Difuntorum Direct Support Professional January 2025

Welcome to our New Kainos Staff



Thank you, Terry McManus for 34 Years at Kainos!



Terry devoted over thirty years of her life to Kainos and our clients. As manager of the Triplex residential program, and an instrumental member of our management team, she mentored countless staff and cared for so many of our residents. Her skills were admired by everyone. She contributed greatly to the vision of Kainos, adding her own philosophy of milieu therapy. She taught us all about the value of team and how all of our efforts 24/7 can have an important impact on the lives of those we serve.

In August of 2020, after onboarding and training her successor, Terry retired as the Triplex Manger. She was able to enjoy several months of visiting family and tending to her garden and pets before she came back to lead the AB until we hired their new manager! After that, Terry continued supporting all of the managers and programs with her incredible depth of knowledge and skills.

At her heart, Terry had a great love for people and service. She also was an incredible host. She would plan parties and always be the first to jump up and help in the most practical and thoughtful ways. You could always count on Terry to be the first to help kick off a party or event and the last to leave!

Terry is a wonderful example of service-based leadership that we ingrain in all of our new managers. We've had many wonderful managers lead this way and Terry has the true knack for providing support, training, encouragement and hands on help to her staff and residents.

Her presence, knowledge and huge heart will be dearly missed by all that worked with and knew her. We wish Terry the most relaxing and joyful retirement and thank her for her steadfast commitment to Kainos and most importantly those we serve.







CALING ALL Mentors for 2025!

Please send us your name and email of tsil ruo of bebbbe ad of trew uoy fi be anduded to our fabulous be a mentor to one of our fabulous clients!

Or if you just want more information.

We can't wait to meet you!

volunteer@KainosJSA.org

Kainos Annal Golf Tournament
2202, 2 vsM, vsbnoM

Monday, May 5, 2025 Stanford Golf Course

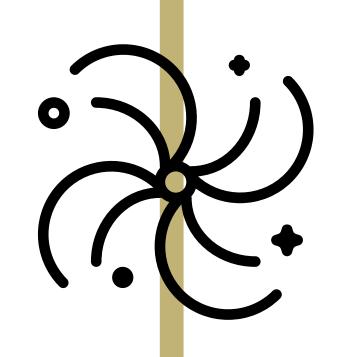
Do you have a car you can donate to Kainos?
We will help you process the donation process the donation through Care Charities.



Let us know! donations@kainosusa.org

Annual Lunch 2025
Friday, April 11th
11:30am
Grand Bay Hotel - Redwood City





Please email us your name and address if there have been any changes or if you would like to be removed from our mailing list. Thank you! communications@KainosUSA.org

Kainos Home & Training Center 3631 Jefferson Ave. Redwood City, CA 94062



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DATED MATERIAL