



Vol. 47 No.1

OUR MISSION

The mission of Kainos Home & Training Center is to Enable adults with Developmental and Intellectual Disabilities to Maximize their Potential while Becoming active, Contributing, Integrated members Of the community.

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Annual Luncheon 2023 was a Beautiful Day!

Kainos is helping our clients live their best lives! Our staff are caregivers, helpers and friends and we appreciate them every day. We enjoyed a fun afternoon celebrating friends and family too. And even gave out a few well deserved awards.



Kainos' Dorothy Philbrick Memorial Award was given to our beloved Kate



given to our beloved Kate DiGiacomo who has spent years as a friend and helper in many of our homes.

Kainos is very fortunate to have many supportive organizations in our community. We recognized two this year. Thank you Second Harvest of Silicon Valley and Susan Takalo and Rebuilding Together Peninsula and Robert Skelton.





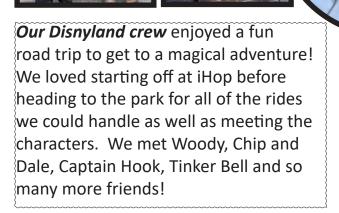
This year Kainos gave out 4 Staff Recognition Awards. Clockwise see Verenice Lopez, Gina Zuniga, Florence Lee Ceballos and Bridget Chamberlain.



After Kristen Noce's daughter Katie Uthman started off our luncheon with a beautiful welcome, Andy gave an enthusiastic report of Kainos. A slide show of photos from our clients at Disneyland and on the Disney Cruise was also presented to much excitement! We are all so happy to be back together in person! Thank you to our Board Members for keeping us on course and we look forward to meeting again soon!

KAINOS HOME AND TRAINING CENTER 3631 JEFFERSON AVENUE, REDWOOD CITY, CA 94062 PHONE: (650) 363-2423 ~ EMAIL: INFO@KAINOSUSA.ORG **Kainos took our residents on a special post covid adventure!** Each person got to decide if they preferred to go to Disneyland or on the Disney Cruise to Mexico. To say that they were all excited is an understatement. Here's a few pictures of our happy clients and staff. Bon Voyage!

Disneyland.





The Disney cruise was a trip of a lifetime for many of us. From live Disney shows, to swimming in the pool while watching Finding Nemo. We had a blast. The best part was experiencing it together with all of our Kainos friends (and honorary Kainos friend Mickey Mouse.)







Welcome to New Staff! See who's starting at Kainos in March and April



CONTACT

Angelina is taking on the Assistant Manager position at Petes Place and Redwood House. She has a background in nutrition and healthcare and grew up in San Franciscio and Daly City. Welcome to our team! Ismael likes to be called Ish. He is working in our Community Connections program. He grew up in Oakland and naturally is a Raider football fan! Welcome Aboard!





Are you a parent, sibling or relative of a Kainos client and want to update your contact info or be added to our mailing list (or anything else!) please let us know. Email us at info@kainosusa.org



Lynisha, who goes by Nisha, has tremendous experience in the field having worked at Salvation Army and Thrive Support Servces. She is local to Palo Alto. We are excited to have you at Kainos supporting our SLS clients!

DIRECTOR'S NOTE from Andy Frisch

In the past few weeks, the federal government announced the date for the end of the covid state of emergency (May 11,2023). This follows California which ended its emergency declaration on February 28th. Various rules will be in place in California through November 11th but for the most part the laws and regulations have all reverted back to their pre-pandemic state.

At Kainos, our first unofficial moment of the end of the current phase of the pandemic was in late January when we organized two trips for our clients, one to Disneyland and one a Disney Cruise. Each client had an opportunity to choose one or the other trip chaperoned by our staff. You can see the photos in this Klarion and hopefully they tell the story of how fun the trips were and how meaningful it felt to feel free and able to actively pursue our dreams which



seemed on indefinite hold during covid. For many of us, that was the beginning of our post pandemic lives. As we turn the corner, it's important to recognize once again the heroic efforts of the Kainos staff who worked so hard protecting and supporting our clients throughout the pandemic. Their efforts made such a difference and I believe saved lives and provided great comfort and connection to many who otherwise would have felt more isolated.

For Kainos, the pivot to post pandemic is exciting and scary at the same time. We are thrilled to re-engage with the community and have our clients able to pursue their dreams. That's what we are here for. Our programs are supposed to help people gain skills, jobs and greater independence and be a part of the community. Our programs are are meant to help people lead their best lives. We want to be past covid.

At the same time, we are here to care for people and that includes keeping people safe and healthy. So we don't want to be ahead of the curve when it comes to removing Covid protocols. Kainos will be changing our protocols in the coming months. It just may be a little slower than what we read in the headlines.

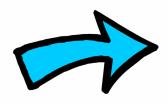
We will communicate changes in protocols in the Klarion and directly to all of our clients and their families. Please bear with us as we make these changes knowing that we have these duel charges: to support people in leading their best lives and keeping people safe and healthy.

Thank you for everything - Andy

THANK YOU!

The following is a list of donations received between November 8, 2022 through April 8, 2023. Kainos Home and Training Center is very thankful to all its generous contributors. Without your assistance, Kainos would not be able to continue its mission to help adults with developmental disabilities become active, contributing members of the community.

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Alla La Grave Thomas La Grave Sr.

Janay's parents, Alla and Thomas, passed away within weeks of each other. Janay has lived in the La Vista home for many years. Our thoughts are with her and her 3 siblings as well. Alla would send Janay a card each and every week and Janay would look forward to getting mail. Both Alla and Thomas have been wonderful supporters of Kainos and they will be missed!



We appreciate our staff EVERY DAY and are thankful for so many who have chosen to stay with Kainos for more than **20 years**!

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And more than 30 years! Andy Frisch Kristen Noce Terry McManus Janet Thomas

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Thank you for thinking of Kainos!





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